

## **Missional Renaissance Evaluation**

Please give us your feedback on this year's church-wide study. Put completed forms in your Sunday School packet or return them to Bill Crowell. Thank you!

1. What is your over-all impression of this year's study on Missional Renaissance?

2. What part of the study did you find most helpful?

3. Are there any things you wanted to say during discussion but didn't have time to say?

4. Do you have any suggestions for a church-wide study next September?

CLASS NAME \_\_\_\_\_

YOUR NAME (optional) \_\_\_\_\_

# UMW (UNITED METHODIST WOMEN)

## Cookson Hills Center Christmas Giving

It's time once again to collect gifts for our United Methodist Mission in Cookson, OK. We are collecting **new, unwrapped gifts** in **Bishops' Hall** each Sunday during the **month of October**. The gifts will be taken to the Cookson Hills Center at the end of October for their Christmas Store.

A message from Rev. Meri Whitaker, Missionary at Cookson Hills:

"The one thing that money can't buy is poverty! The Cookson Hills Center ministers to the low income families of Cherokee, Adair, and Sequoyah counties. Last year, we served over 300 families! Many of these families would be unable to celebrate Christmas if it weren't for the generosity of the United Methodist Church. We don't have to be rich to be generous!"

You can let your light shine by sending **new, unwrapped gifts** for **every age**. Practical gifts as well as monetary gifts are appreciated. Gifts needed include:

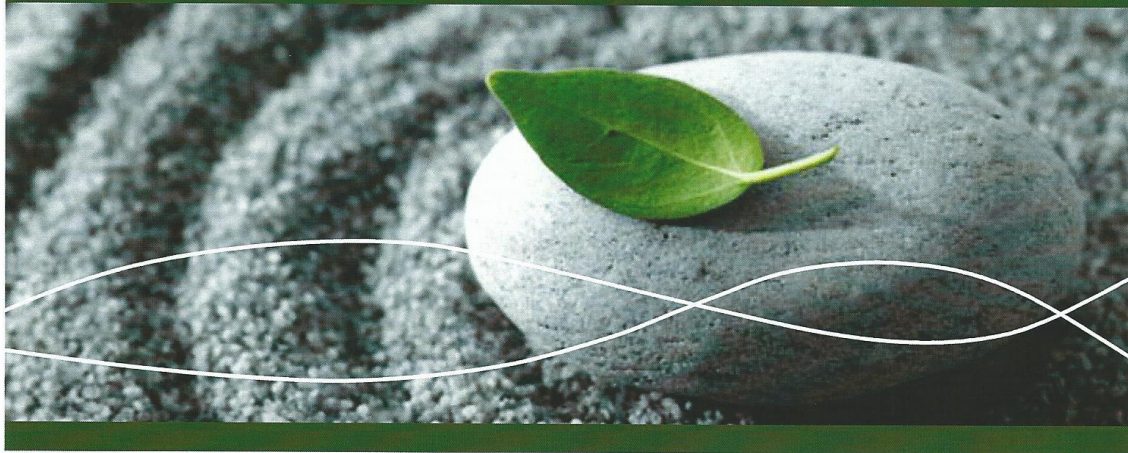
- Practical gifts: toys, clothing, tools, balls, household items, & toiletries
- Monetary gifts
- Winter clothing: mittens, hats, & gloves
- Gifts wrap, tape, & bows

**Thank you for your support of this Mission, sponsored by the UMW.**





# Balance. Renew. Refresh.



Learn practices and techniques for lowering stress.  
Feel calmer, more peaceful, and a greater sense of control in  
your life. Using these practices will produce more joy, creativity,  
and a healthier immune system, as well as an overall sense of  
well-being — healing of the mind, body and spirit.

This class is free, informative, and transformative!

Please RSVP at least 24 hours in advance of  
each class - no childcare available.

Facilitated by Linda Alegria

9:15 AM-10:15 AM in the Jubilee Lounge

Wednesdays, Oct. 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, Nov. 11<sup>th</sup>, 18<sup>th</sup> and Dec. 2<sup>nd</sup>



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